

# Expert advice if travelling to Mozambique

A rise in the number of kidnappings has been noted in recent months, especially in Maputo. The majority of these incidents target comparably wealthy locals, but foreign expatriates (especially those from the south Asian community) have also been victims.

Kidnap syndicates tend to be sophisticated and well-practised in the negotiation process, meaning most kidnaps are short in duration, with victims being released upon payment of a ransom.

If travelling to Mozambique, our expert's advice is to:

- Avoid overt **displays of wealth** such as expensive jewellery and clothing
- Exercise increased levels of vigilance in **public spaces**, especially in crowded areas and beaches
- Avoid carrying non-essential **valuables**
- Be wary of **over-friendly strangers** or individuals posing excessive questions
- **Minimise pedestrian travel** over an extended period, and avoid walking alone after dark
- Only share accommodation, employer and family **details** with trusted individuals
- In the rare event of being accosted by a criminal, try to remain calm and compliant, and **do not resist**. Assume that the aggressor is armed, and be prepared to hand over your personal belongings
- Sharing a copy of your trip details with Praesidio Risk Managers or your **Response Consultants** will allow us to offer you personalised security advice, based on numerous factors such as your profile, destination and dates of travel. Together we will be able to let you know about upcoming events such as planned protests or anniversaries that could trigger unrest. We will also be able to advise you of the comparatively safer areas of the location(s) you are visiting, in order to assist you when making accommodation plans.

Information courtesy of Healix. For the full story, go to:

<https://healix.com/how-safe-is-it-to-visit-mozambique/>



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